

## North East ISD Athletic Department

## VIRGIL T. BLOSSOM ATHLETIC CENTER

Comalander Stadium Heroes Stadium Davis/Walker Aquatic Center

Littleton Gymnasium Tennis Center

Baseball Stadium

Soccer Stadium Piper-Bass Memorial Student Center

**Executive Director** Karen Funk

Director/Athletics Jimmy Burkholder

Director/Athletics Terry Peel

Director/Athletics Tim Woods

Director/Athletics Stacey Moore

**Aquatics Coordinator** David Johnson

Director PE/Health/Athletics Rachel Naylor

**Tennis Coordinator** Patrick Johnson

## 8th Grade Human Sexuality and Abstinence Education

## Dear Parent/Guardian:

We are excited to inform you about our human sexuality and abstinence education program. The new program was adopted and implemented in the 2008-2009 school year. *Choosing the Best Life™* is an eight-lesson curriculum that your child has the opportunity to participate in during their 8th grade Physical Education or Athletic class. Character education, peer pressure, risks of teen sexual behavior, date rape, refusal skills and the benefits of abstinence are among the many items your student will learn during this important curriculum. At the end of each lesson, a parent interview activity will be sent home with the student to encourage parent-student discussion about the material being presented in class. Our belief is that this is an invaluable educational process best shared by the home and school. We hope that you will take advantage of the opportunity to review this important material at the parent information session held on your campus (information located below) to better prepare yourself for the parent interview activities and to help reinforce material taught in the classroom at home.

Please complete the permission slip below, detach it, and send the form back to your student's 8th grade Physical Education teacher or Athletic coach. A student will not be able to participate in this valuable program without your written permission slip. If your student does not have written permission to participate in the program, alternate educational activities will be planned for the student. If you have any questions or concerns, please do not hesitate to contact your child's teacher. Their contact information is below.

Sincerely,
Rachel Nayor
Rachel Naylor
Director for Physical Education, Health & Athletics

Parent/Guardian Signature

Parent Information Session Time: Date: Location:\_ Please join us for an information session and preview of the curriculum materials.

Date

For your convenience, if you are unable to attend one of the parent sessions offered, you can access an online version through Parent Portal.

8<sup>th</sup> grade Human Sexuality and Abstinence Education Program Program Information Program Instruction Begins: \_\_\_ Campus: Please Return Form By: \_\_\_\_\_ Teacher's Name: Student's Name: Teacher's Email: (Please  $\sqrt{a}$  box below) Teacher Phone: \_\_ □ Yes, my student has permission to participate in the human sexuality and abstinence education class. □ No, my student does not have permission to participate in the human sexuality and abstinence education class.